

Beaumont Library District

125 East Eighth Street
Beaumont, CA 92223
951-845-1357
bld.lib.ca.us

Hours of Service

Sunday—1 to 6 p.m.
Monday—10 a.m. to 6 p.m.
Tuesday—10 a.m. to 8 p.m.
Wednesday—CLOSED
Thursday—10 a.m. to 8 p.m.
Friday—10 a.m. to 6 p.m.
Saturday—10 a.m. to 6 p.m.

Board of Trustees

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Celebrate Reading and the Arts on Saturday, March 3, at Chatigny Community Center from 10 a.m. to 3 p.m.



BEAUMONT LIBRARY DISTRICT

a California Special District,
independent of both city and county
government, providing library services
to Beaumont and Cherry Valley



March 2018

Is Reading Important? You Bet! And Libraries Are the Place to Start!

by Luren Dickinson, Director

March is “National Reading Month”—a time when we focus on the importance of reading. And, when you focus on reading, the place you have to start is at the Library.

If you want to give your children a great head start in life, the most important thing you can do is to read out loud to them every day. Reading offers a multitude of benefits for children. Here are some examples of why reading is good for children:

(continued inside)

Benefits of Reading for Children

(from an article by Chontelle Bonfiglio on Bilingualkidspot)

1. Prepares them for success in school and in life
2. Helps them develop language skills and vocabulary
3. Exercises their biggest muscle—the human brain
4. Develops their ability to focus and concentrate
5. Encourages them to have a thirst for knowledge
6. Enables them to learn of variety of different things
7. Allows them to use their imagination and be creative
8. Lets them become empathic and be sociable
9. Provides a form of entertainment for them
10. Strengthens the bond between parent and child

“There is no enjoyment like reading.”

--Jane Austen

Many people think that reading is important only for children or students, but there are just as many reasons why reading should become a lifelong habit for adults, as well. Here are some of the reasons why adults should be reading.

Benefits of Reading for Adults

(from an article by Lana Winter-Hebert on Life Hack)

1. Stimulates the brain and prevents dementia in seniors
2. Reduces stress and tension, providing relaxation
3. Increases knowledge to handle life's challenges
4. Improves vocabulary and ability to communicate well
5. Enhances memory by creating pathways in the brain
6. Strengthens analytical thinking and problem solving skills
7. Leads to better focus, concentration, and productivity
8. Helps in fluidity of expression and writing skills
9. Lowers blood pressure for inner peace and tranquility
10. Offers a free and limitless source of entertainment

7 Ways to Celebrate National Reading Month

(from a www.benandme.com article)

1. Choose a theme and read books on that topic
2. Read aloud—especially to children—15 minutes a day
3. Visit the library—Beaumont Library, of course
4. Do a reading challenge and see who can read the most
5. Read ALL of the books written by Dr. Seuss
6. Enjoy an audiobook together as a group or family
7. Give incentives because prizes actually work



Beaumont Library District's Bookmobile will not stop at Nicklaus Park on Saturday, March 3, but will be at "Celebrate Reading & the Arts" at Chatigny Community Center, from 10 a.m. to 3 p.m.

Beaumont Library Bookmobile Schedule

Mondays: 11 to 1 Chatigny Community Center	Fridays: 8:30 to 10 Petco @ Beaumont Marketplace
Tuesdays: 11 to 1 Noble Creek Community Center	Saturdays: 9 to Noon Nicklaus Park, Fairway Canyon

Sign Up for Library Newsletter or Notices

To receive the newsletter automatically via email, please write to info@bld.lib.ca.us and you can request notices on programs for children, or teens and adults, through the same address.